

The Freedom of Self-Control

“A man without self-control is like a city broken into and left without walls.”

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- How to Understand It
- How to Develop It
- Where It Comes From

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- Self-discipline is reasonable when we are able to consider more than the present moment.

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- "We have met the enemy, and he is us" (*Pogo*, comic strip, 1971).

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- Rom. 8:13-14; 9-10

“If anyone would come after me, let him deny himself and take up his cross daily and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will save it.”

Luke 9:23-24

